

EEG- Outpatient Routine

My Hospital Story



Boston Children's Hospital

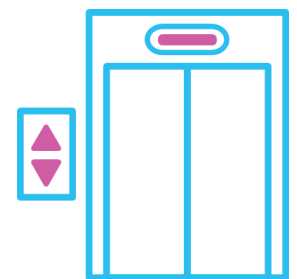
December 2023

I am getting ready for my visit to Boston Children's Hospital for an EEG. This test helps my doctor learn more about my brain.





First, we will walk through the hospital lobby and take the Fegan elevators to the 9th floor.



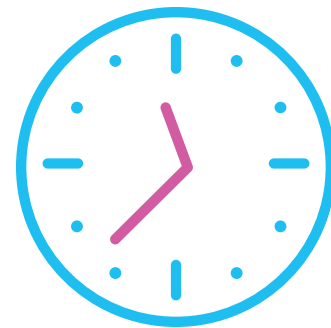


Then, we will talk with someone at the front desk. They will give me a bracelet with my name on it.





Next, we will wait for my name to be called. I can sit or play quietly while I wait.



When it's my
turn, a
technologist will
call my name.
We will walk to a
new room.





I might step on a scale to see how much I weigh. The technologist might ask me to take off my shoes.



Next, the
technologist will
talk with me and
my caregiver
about the EEG.

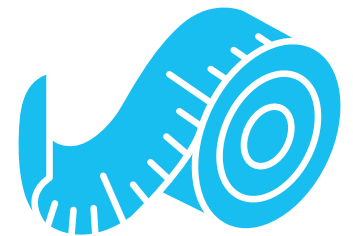




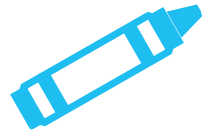
When it's time to start the EEG, I will lay down on the exam bed.



The technologist will measure my head with a tape measure. I will keep my body very still.

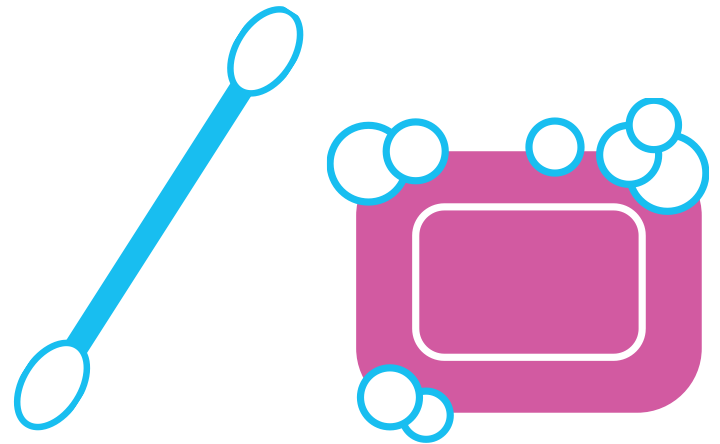


Next, the technologist will draw dots on my head with a soft crayon.

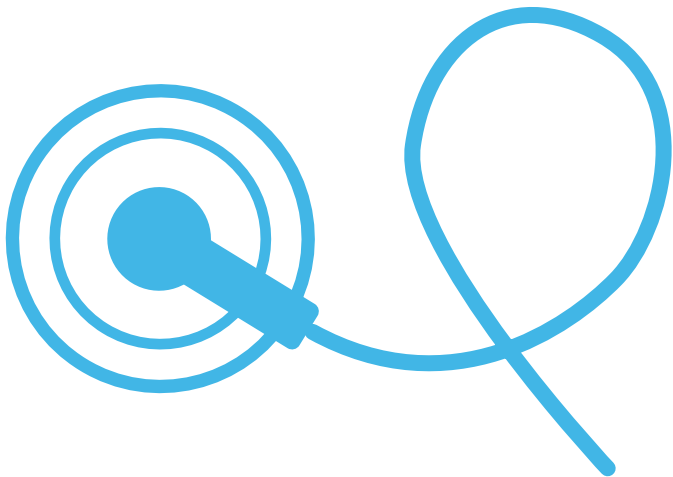




The technologist will use a Q-tip and soap to clean my head. The soap might feel sandy.



Next, the technologist will place electrodes on my head. The electrodes look like small buttons.





I can play with a toy
or watch a movie
while the
technologist is
putting the buttons
on my head.





The technologist will use special tape to help the buttons stay in place.



Next, the technologist will wrap my head with soft gauze.





Next, the technologist will have me blow on a pinwheel.



Next, I will look at a flashing light. The technologist might ask me to open and close my eyes.



Now it's time to sleep or relax. The technologist can give me a blanket and turn the lights off to help me rest.



When the test is all done, the technologist will take off the buttons using special shampoo.





I am all done
with my EEG.

Everyone will
be so proud of
me!



Developed By:

Autism Spectrum Center & Child Life Services